



## Physical

### Requirements for the Panther Badge:

Do a chore at home for one month.

Make a poster of your church – its people, ministries, and building.

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## Spiritual

### Memorize the Lord's Prayer: Matthew 6:9-13

"Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven. Give us today our daily bread. Forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one." Matthew 6:9-13

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## Mental

Learn the song "Trust and Obey."

### Learn the gold point Mental.

"Mental growth means that our minds grow. We look, we listen, we read, we study. We put more and more knowledge into our minds. As our minds grow, we learn faster, understand better, and learn more about how to use what we know."

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### Learn the red point Baptism in the Holy Spirit.

"The Baptism in the Holy Spirit is a gift God offers to all believers. After we have invited Christ into our hearts, God wants to fill us with His Holy Spirit."

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## Social

Name three disciples during a group meeting.

Go to one outpost activity.

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