



Physical Requirements for the Lynx Badge:

Do a chore at home for one month.

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Commander's Signature	Date

Make a patrol Flag.

_____	_____
Commander's Signature	Date

Spiritual

Memorize the Golden Rule "In everything, do to others what you would have them do to you." Matthew 7:12

_____	_____
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Memorize Matthew 7:13, 14 "Enter through the narrow gate. For wide is the gate and broad is the road that leads to destruction, and many enter through it. But small is the gate and narrow the road that leads to life and only a few find it." Matthew 7:13, 14

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Memorize Acts 1:8 "You will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth." Acts 1:8

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Mental

Learn the song "Amazing Grace."

_____	_____
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Learn the gold point Spiritual.

"Spiritual growth means we become more and more the kind of person Jesus wants us to be. We love Him, our parents, and others more. We read and study the Bible more and we love our church more. We do more things that please Jesus and fewer things that displease Him."

_____	_____
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Learn the red point Salvation

"Salvation is a word that means we have accepted the Lord Jesus Christ as our personal Savior. We ask Jesus to forgive our sins. He forgives us and promises us eternal life with Him. We promise to love and serve Him. He lives in us and with us."

_____	_____
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Social

Bring two friends to Royal Rangers.

_____	_____
Commander's Signature	Date

Go to one outpost activity.

_____	_____
Commander's Signature	Date