

## Achievement Awards to be earned in the Antelope Quarter

### Church Helper



- Physical:** For one month, do four different chores around the Church. Talk to your commander or pastor about what you can do.
- Spiritual:** Read or have someone read Luke 4:14-21 to you.
- Mental:** Draw a picture of your church.
- Social:** Explain the chores you performed at church and what the experience did for you and others. Display your picture in your group meeting.

### Church History



- Physical:** Visit your pastor or a church member who can tell you how your church started.
- Spiritual:** Pray every day for one month for your pastor and your church.
- Mental:** Make a collage of pictures of your church and those who have worked in it. Ask your parent or commander for help.
- Social:** Tell the boys in your group how you prayed for the church and the pastor.

### Joyful Noise



- Physical:** Go to or view a musical concert. It can be singing, playing musical instruments, or both. Select either Christian or classical music.
- Spiritual:** Read or have someone read to you Psalm 100.
- Mental:** For two weeks practice a song you will sing or play for your group.
- Social:** Sing or play a song for your group.

### Sunday School



- Physical:** Go to Sunday School for at least 10 Sundays.
- Spiritual:** Learn the memory verse for each Sunday school lesson.
- Mental:** Draw a picture of your Sunday School teacher and give it to him or her.
- Social:** Invite two friends to Sunday School.

Notes: